

ACADEMIC ACHIEVEMENT CENTER WORKSHOP SCHEDULE

STORRS
FALL 2026

TUESDAY 9/8 AT 4PM SETTING UP YOUR SEMESTER	WEDNESDAY 9/9 AT 6PM SETTING UP YOUR SEMESTER	THURSDAY 9/10 AT 4PM SETTING UP YOUR SEMESTER	MONDAY 9/14 AT 6PM PRIORITIZATION TECHNIQUES	WEDNESDAY 9/16 AT 4PM SETTING UP YOUR SEMESTER	THURSDAY 9/17 AT 6PM SETTING UP YOUR SEMESTER	MONDAY 9/21 AT 4PM PRIORITIZATION TECHNIQUES	TUESDAY 9/22 AT 6PM ATTENTION MANAGEMENT
THURSDAY 9/24 AT 4PM NOTETAKING FOR SUCCESS	MONDAY 9/28 AT 6PM TALKING TO PROFESSORS	TUESDAY 9/29 AT 4PM PRIORITIZATION TECHNIQUES	WEDNESDAY 9/30 AT 6PM ATTENTION MANAGEMENT	TUESDAY 10/6 AT 6PM STRATEGIES FOR DEEPER LEARNING	WEDNESDAY 10/7 AT 4PM NOTETAKING FOR SUCCESS	THURSDAY 10/8 AT 6PM TALKING TO PROFESSORS	MONDAY 10/12 AT 4PM BOUNCING BACK: ACADEMIC RESILIENCE
WEDNESDAY 10/14 AT 6PM PRIORITIZATION TECHNIQUES	THURSDAY 10/15 AT 4PM BOUNCING BACK: ACADEMIC RESILIENCE	MONDAY 10/19 AT 6PM STRATEGIES FOR DEEPER LEARNING	TUESDAY 10/20 AT 4PM JUST BREATHE: STRESS MANAGEMENT	THURSDAY 10/22 AT 6PM EVALUATING YOUR SEMESTER	MONDAY 10/26 AT 4PM BOUNCING BACK: ACADEMIC RESILIENCE	TUESDAY 10/27 AT 6PM STRATEGIES FOR DEEPER LEARNING	WEDNESDAY 10/28 AT 4PM TEST TAKING STRATEGIES
TUESDAY 11/3 AT 6PM EVALUATING YOUR SEMESTER	WEDNESDAY 11/4 AT 4PM BOUNCING BACK: ACADEMIC RESILIENCE	THURSDAY 11/5 AT 6PM NOTETAKING FOR SUCCESS	MONDAY 11/9 AT 4PM STRATEGIES FOR DEEPER LEARNING	WEDNESDAY 11/11 AT 6PM ATTENTION MANAGEMENT	THURSDAY 11/12 AT 4PM JUST BREATHE: STRESS MANAGEMENT	MONDAY 11/16 AT 4PM TEST TAKING STRATEGIES	TUESDAY 11/17 AT 6PM PRIORITIZATION TECHNIQUES
WEDNESDAY 11/18 AT 4PM TALKING TO PROFESSORS	TUESDAY 12/1 AT 6PM JUST BREATHE: STRESS MANAGEMENT	WEDNESDAY 12/2 AT 4PM STRATEGIES FOR DEEPER LEARNING	THURSDAY 12/3 AT 6PM TEST TAKING STRATEGIES	MONDAY 12/7 AT 4PM FINALS PREPARATION	TUESDAY 12/8 AT 6PM FINALS PREPARATION	THURSDAY 12/10 AT 4PM FINALS PREPARATION	



Held in ROWE 217. For More Details Visit ACHIEVE.UCONN.EDU

ACADEMIC ACHIEVEMENT CENTER WORKSHOP SCHEDULE

**HARTFORD
FALL 2026**

TUESDAY 9/8 AT 3:30PM SETTING UP YOUR SEMESTER	WEDNESDAY 9/9 AT 4PM SETTING UP YOUR SEMESTER	MONDAY 9/14 AT 1PM SETTING UP YOUR SEMESTER	TUESDAY 9/15 AT 3:30PM PRIORITIZATION TECHNIQUES	WEDNESDAY 9/16 AT 4PM SETTING UP YOUR SEMESTER	MONDAY 9/21 AT 1PM SETTING UP YOUR SEMESTER	TUESDAY 9/22 AT 3:30PM PRIORITIZATION TECHNIQUES	WEDNESDAY 9/23 AT 4PM ATTENTION MANAGEMENT
MONDAY 9/28 AT 1PM NOTETAKING FOR SUCCESS	TUESDAY 9/29 AT 3:30PM TALKING TO PROFESSORS	WEDNESDAY 9/30 AT 4PM PRIORITIZATION TECHNIQUES	MONDAY 10/5 AT 1PM ATTENTION MANAGEMENT	TUESDAY 10/6 AT 3:30PM STRATEGIES FOR DEEPER LEARNING	WEDNESDAY 10/7 AT 4PM NOTETAKING FOR SUCCESS	MONDAY 10/12 AT 1PM TALKING TO PROFESSORS	TUESDAY 10/13 AT 3:30PM BOUNCING BACK: ACADEMIC RESILIENCE
WEDNESDAY 10/14 AT 4PM PRIORITIZATION TECHNIQUES	MONDAY 10/19 AT 1PM BOUNCING BACK: ACADEMIC RESILIENCE	TUESDAY 10/20 AT 3:30PM STRATEGIES FOR DEEPER LEARNING	WEDNESDAY 10/21 AT 4PM JUST BREATHE: STRESS MANAGEMENT	MONDAY 10/26 AT 1PM EVALUATING YOUR SEMESTER	TUESDAY 10/27 AT 3:30PM BOUNCING BACK: ACADEMIC RESILIENCE	WEDNESDAY 10/28 AT 4PM STRATEGIES FOR DEEPER LEARNING	MONDAY 11/2 AT 1PM TEST TAKING STRATEGIES
TUESDAY 11/3 AT 3:30PM EVALUATING YOUR SEMESTER	WEDNESDAY 11/4 AT 4PM BOUNCING BACK: ACADEMIC RESILIENCE	MONDAY 11/9 AT 1PM NOTETAKING FOR SUCCESS	TUESDAY 11/10 AT 3:30PM STRATEGIES FOR DEEPER LEARNING	WEDNESDAY 11/11 AT 4PM ATTENTION MANAGEMENT	MONDAY 11/16 AT 1PM JUST BREATHE: STRESS MANAGEMENT	TUESDAY 11/17 AT 3:30PM TEST TAKING STRATEGIES	WEDNESDAY 11/18 AT 4PM PRIORITIZATION TECHNIQUES
MONDAY 11/30 AT 1PM TALKING TO PROFESSORS	TUESDAY 12/1 AT 3:30PM JUST BREATHE: STRESS MANAGEMENT	WEDNESDAY 12/2 AT 4PM STRATEGIES FOR DEEPER LEARNING	MONDAY 12/7 AT 1PM FINALS PREPARATION	TUESDAY 12/8 AT 3:30PM FINALS PREPARATION	WEDNESDAY 12/9 AT 4PM FINALS PREPARATION		

Held in htb 202. For More Details Visit ACHIEVE.UCONN.EDU

ACADEMIC ACHIEVEMENT CENTER WORKSHOP SCHEDULE

WATERBURY
FALL 2026

TUESDAY SEPT 1 ST SETTING UP YOUR SEMESTER	THURSDAY SEPT 3 RD SETTING UP YOUR SEMESTER	TUESDAY SEPT 8 TH PRIORITIZATION TECHNIQUES	THURSDAY SEPT 10 TH SETTING UP YOUR SEMESTER	TUESDAY SEPT 15 TH ATTENTION MANAGEMENT	THURSDAY SEPT 17 TH NOTETAKING FOR SUCCESS	TUESDAY SEPT 22 ND PRIORITIZATION TECHNIQUES	THURSDAY SEPT 24 TH TALKING TO PROFESSORS
TUESDAY SEPT 29 TH TEST TAKING STRATEGIES	THURSDAY OCT 1 ST PRIORITIZATION TECHNIQUES	TUESDAY OCT 6 TH TALKING TO PROFESSORS	THURSDAY OCT 8 TH JUST BREATHE: STRESS MANAGEMENT	TUESDAY OCT 13 TH EVALUATING YOUR SEMESTER	THURSDAY OCT 15 TH BOUNCING BACK: ACADEMIC RESILIENCE	TUESDAY OCT 20 TH STRATEGIES FOR DEEPER LEARNING	THURSDAY OCT 22 ND EVALUATING YOUR SEMESTER
TUESDAY OCT 27 TH BOUNCING BACK: ACADEMIC RESILIENCE	THURSDAY OCT 29 TH NOTETAKING FOR SUCCESS	TUESDAY NOV 3 RD ATTENTION MANAGEMENT	THURSDAY NOV 5 TH STRATEGIES FOR DEEPER LEARNING	TUESDAY NOV 10 TH PRIORITIZATION TECHNIQUES	THURSDAY NOV 12 TH TALKING TO PROFESSORS	TUESDAY NOV 17 TH JUST BREATHE: STRESS MANAGEMENT	THURSDAY NOV 19 TH TEST TAKING STRATEGIES
TUESDAY DEC. 1 ST FINALS PREPARATION	THURSDAY DEC. 3 RD FINALS PREPARATION	TUESDAY DEC. 1 ST FINALS PREPARATION	THURSDAY DEC. 3 RD FINALS PREPARATION	ALL WORKSHOPS HELD IN WREC 202 AT 12:30PM.			



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