

ACADEMIC ACHIEVEMENT CENTER WORKSHOP SCHEDULE

STORRS
SPRING
2026

TUESDAY 1/27 AT 4PM SETTING UP YOUR SEMESTER	WEDNESDAY 1/28 AT 6PM SETTING UP YOUR SEMESTER	THURSDAY 1/29 AT 4PM SETTING UP YOUR SEMESTER	MONDAY 2/2 AT 6PM PRIORITIZATION TECHNIQUES	WEDNESDAY 2/4 AT 4PM SETTING UP YOUR SEMESTER	THURSDAY 2/5 AT 6PM SETTING UP YOUR SEMESTER	MONDAY 2/9 AT 4PM PRIORITIZATION TECHNIQUES	TUESDAY 2/10 AT 6PM ATTENTION MANAGEMENT
THURSDAY 2/12 AT 4PM NOTETAKING FOR SUCCESS	MONDAY 2/16 AT 6PM TALKING TO PROFESSORS	TUESDAY 2/17 AT 4PM PRIORITIZATION TECHNIQUES	WEDNESDAY 2/18 AT 6PM ATTENTION MANAGEMENT	TUESDAY 2/24 AT 6PM STRATEGIES FOR DEEPER LEARNING	WEDNESDAY 2/25 AT 4PM NOTETAKING FOR SUCCESS	THURSDAY 2/26 AT 6PM TALKING TO PROFESSORS	MONDAY 3/2 AT 4PM BOUNCING BACK: ACADEMIC RESILIENCE
WEDNESDAY 3/4 AT 6PM PRIORITIZATION TECHNIQUES	THURSDAY 3/5 AT 4PM BOUNCING BACK: ACADEMIC RESILIENCE	MONDAY 3/9 AT 6PM STRATEGIES FOR DEEPER LEARNING	TUESDAY 3/10 AT 4PM JUST BREATHE: STRESS MANAGEMENT	WEDNESDAY 3/11 AT 6PM EVALUATING YOUR SEMESTER	TUESDAY 3/24 AT 4PM BOUNCING BACK: ACADEMIC RESILIENCE	WEDNESDAY 3/25 AT 6PM STRATEGIES FOR DEEPER LEARNING	THURSDAY 3/26 AT 4PM TEST TAKING STRATEGIES
MONDAY 3/30 AT 6PM EVALUATING YOUR SEMESTER	WEDNESDAY 4/1 AT 4 PM BOUNCING BACK: ACADEMIC RESILIENCE	THURSDAY 4/2 AT 6PM NOTETAKING FOR SUCCESS	MONDAY 4/6 AT 4PM STRATEGIES FOR DEEPER LEARNING	TUESDAY 4/7 AT 6PM ATTENTION MANAGEMENT	THURSDAY 4/9 AT 4PM JUST BREATHE: STRESS MANAGEMENT	MONDAY 4/13 AT 4PM TEST TAKING STRATEGIES	TUESDAY 4/14 AT 6PM PRIORITIZATION TECHNIQUES
WEDNESDAY 4/15 AT 4PM TALKING TO PROFESSORS	TUESDAY 4/21 AT 6PM JUST BREATHE: STRESS MANAGEMENT	WEDNESDAY 4/22 AT 4PM STRATEGIES FOR DEEPER LEARNING	THURSDAY 4/23 AT 6PM TEST TAKING STRATEGIES	MONDAY 4/27 AT 6PM FINALS PREPARATION	TUESDAY 4/28 AT 6PM FINALS PREPARATION	THURSDAY 4/30 AT 4PM FINALS PREPARATION	



Held in ROWE 217. For More Details Visit ACHIEVE.UCONN.EDU

ACADEMIC ACHIEVEMENT CENTER WORKSHOP SCHEDULE

STORRS
SPRING
2026

TUESDAY
1/27 AT 12PM
SETTING UP
YOUR SEMESTER

WEDNESDAY
2/4 AT 4PM
PRIORITIZATION
TECHNIQUES

WEDNESDAY
2/11 AT 4PM
ATTENTION
MANAGEMENT

THURSDAY
2/19 AT 1PM
TEST TAKING
STRATEGIES

TUESDAY
2/24 AT 1PM
STRATEGIES FOR
DEEPER LEARNING

WEDNESDAY
3/4 AT 4PM
EVALUATING
YOUR SEMESTER

THURSDAY
3/12 AT 12PM
PRIORITIZATION
TECHNIQUES

TUESDAY
3/24 AT 12PM
NOTETAKING
FOR SUCCESS

TUESDAY
3/31 AT 1PM
STRATEGIES FOR
DEEPER LEARNING

WEDNESDAY
4/8 AT 4PM
BOUNCING BACK:
ACADEMIC RESILIENCE

THURSDAY
4/16 AT 1PM
JUST BREATHE:
STRESS MANAGEMENT

TUESDAY
4/21 AT 12PM
TEST TAKING
STRATEGIES

WEDNESDAY
4/29 AT 4PM
FINALS
PREPARATION

**HELD IN THE AFRICAN AMERICAN
CULTURAL CENTER**

VISIT OUR WEBSITE FOR MORE INFO

ACHIEVE.UCONN.EDU



ACADEMIC ACHIEVEMENT CENTER WORKSHOP SCHEDULE

WEDNESDAY 1/28 AT 3PM SETTING UP YOUR SEMESTER	THURSDAY 1/29 AT 3PM SETTING UP YOUR SEMESTER	WEDNESDAY 2/4 AT 3PM PRIORITIZATION TECHNIQUES	THURSDAY 2/5 AT 3PM SETTING UP YOUR SEMESTER	WEDNESDAY 2/11 AT 3PM ATTENTION MANAGEMENT	THURSDAY 2/12 AT 3PM PRIORITIZATION TECHNIQUES	WEDNESDAY 2/18 AT 3PM TALKING TO PROFESSORS	THURSDAY 2/19 AT 3PM ATTENTION MANAGEMENT
WEDNESDAY 2/25 AT 3PM TALKING TO PROFESSORS	THURSDAY 2/26 AT 3PM TEST TAKING STRATEGIES	WEDNESDAY 3/4 AT 3PM PRIORITIZATION TECHNIQUES	THURSDAY 3/5 AT 3PM JUST BREATHE: STRESS MANAGEMENT	WEDNESDAY 3/11 AT 3PM EVALUATING YOUR SEMESTER	THURSDAY 3/12 AT 3PM BOUNCING BACK: ACADEMIC RESILIENCE	WEDNESDAY 3/25 AT 3PM TEST TAKING STRATEGIES	THURSDAY 3/26 AT 3PM EVALUATING YOUR SEMESTER
WEDNESDAY 4/1 AT 3PM NOTETAKING FOR SUCCESS	THURSDAY 4/2 AT 3PM STRATEGIES FOR DEEPER LEARNING	WEDNESDAY 4/8 AT 3PM ATTENTION MANAGEMENT	THURSDAY 4/9 AT 3PM PRIORITIZATION TECHNIQUES	WEDNESDAY 4/15 AT 3PM JUST BREATHE: STRESS MANAGEMENT	THURSDAY 4/16 AT 3PM TEST TAKING STRATEGIES	WEDNESDAY 4/22 AT 3PM STRATEGIES FOR DEEPER LEARNING	THURSDAY 4/23 AT 4PM JUST BREATHE: STRESS MANAGEMENT
WEDNESDAY 4/29 AT 3PM FINALS PREPARATION	THURSDAY 4/30 AT 4PM FINALS PREPARATION	ALL WORKSHOPS HELD IN HTB 202. VISIT OUR WEBSITE FOR MORE INFO					

[ACHIEVE.UCONN.EDU](https://achieve.uconn.edu)



ACADEMIC ACHIEVEMENT CENTER WORKSHOP SCHEDULE

TUESDAY JAN. 27 SETTING UP YOUR SEMESTER	THURSDAY JAN. 29 SETTING UP YOUR SEMESTER	TUESDAY FEB. 3 PRIORITIZATION TECHNIQUES	THURSDAY FEB. 5 SETTING UP YOUR SEMESTER	TUESDAY FEB. 10 ATTENTION MANAGEMENT	THURSDAY FEB. 12 NOTETAKING FOR SUCCESS	TUESDAY FEB. 17 PRIORITIZATION TECHNIQUES	THURSDAY FEB. 19 TALKING TO PROFESSORS
TUESDAY FEB. 24 TEST TAKING STRATEGIES	THURSDAY FEB. 26 PRIORITIZATION TECHNIQUES	TUESDAY MAR. 3 TALKING TO PROFESSORS	THURSDAY MAR. 5 JUST BREATHE: STRESS MANAGEMENT	TUESDAY MAR. 10 EVALUATING YOUR SEMESTER	THURSDAY MAR. 12 BOUNCING BACK: ACADEMIC RESILIENCE	TUESDAY MAR. 24 STRATEGIES FOR DEEPER LEARNING	THURSDAY MAR. 26 EVALUATING YOUR SEMESTER
TUESDAY MAR. 31 BOUNCING BACK: ACADEMIC RESILIENCE	THURSDAY APR. 2 NOTETAKING FOR SUCCESS	TUESDAY APR. 7 ATTENTION MANAGEMENT	THURSDAY APR. 9 STRATEGIES FOR DEEPER LEARNING	TUESDAY APR. 14 PRIORITIZATION TECHNIQUES	THURSDAY APR. 16 TALKING TO PROFESSORS	TUESDAY APR. 21 JUST BREATHE: STRESS MANAGEMENT	THURSDAY APR. 23 TEST TAKING STRATEGIES
TUESDAY APR. 28 FINALS PREPARATION	THURSDAY APR. 30 FINALS PREPARATION	ALL WORKSHOPS HELD IN WTBY 128 AT 12:30PM. VISIT OUR WEBSITE FOR MORE INFO					

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