ACADEMIC ACHIEVEMENT CENTER WORKSHOP SCHEDULE

TUESDAY 1/28 AT 4PM	wednesday 1/29 AT 6PM	THURSDAY 1/30 AT 4PM	MONDAY 2/3 AT 6PM	wednesday 2/5 AT 4PM	THURSDAY 2/6 AT 6PM	MONDAY 2/10 AT 4PM	TUESDAY 2/11 AT 6PM
SETTING UP YOUR SEMESTER	SETTING UP YOUR SEMESTER	SETTING UP YOUR SEMESTER	PRIORITZATION TECHNIQUES	SFTTING IIP	SETTING UP YOUR SEMESTER	HOMER BABBIDGE	ATTENTION MANAGEMENT
THURSDAY 2/13 AT 4PM NOTETAKING	2/17 AT 6PM TALKING TO	TUESDAY 2/18 AT 4PM PRIORITZATION	WEDNESDAY 2/19 AT 6PM ATTENTION	2/25 AT 6PM Strategies for		2/27 AT 6PM TALKING TO	3/3 AT 4PM TEST TAKING
WEDNESDAY			MANAGEMENT TUESDAY 3/11 AT 4PM	DEEPER LEARNING THURSDAY 3/13 AT 6PM		PROFESSORS TUESDAY 3/25 AT 6PM	STRATEGIES WEDNESDAY 3/26 AT 4PM
3/5 AT 6PM Prioritzation TECHNIQUES	BOUNCING BACK: Academic resilience	3/10 AT 6PM Strategies for Deeper learning	IIIST BREATHE	EVALUATING YOUR SEMESTER	BOUNCING BACK: Academic resilience	STRATEGIES FOR	TEST TAKING STRATEGIES
TUESDAY 4/1 AT 4PM	WEDNESDAY 4/2 AT 4 PM	THURSDAY 4/3 AT 4PM	MONDAY 4/7 AT 6PM	WEDNESDAY 4/9 AT 4PM	THURSDAY 4/10 AT 6PM	MONDAY 4/14 AT 4PM	TUESDAY 4/15 AT 6PM
EVALUATING Your semester	HOMER Babbidge	NOTETAKING For success	STRATEGIES FOR Deeper learning	ATTENTION Management	JUST BREATHE: stress management	TEST TAKING Strategies	PRIORITZATION
THURSDAY 4/17 AT 4PM TALKING TO	MONDAY 4/21 AT 6PM JUST BREATHE:	TUESDAY 4/22 AT 4PM STRATEGIES FOR	WEDNESDAY 4/23 AT 6PM TEST TAKING	TUESDAY 4/29 AT 6PM FINALS	wednesday 4/30 AT 6PM FINALS	THURSDAY 5/1 AT 4PM FINALS	ACHIEVENNEN AAC ER
PROFESSORS	STRESS MANAGEMENT	DEEPER LEARNING	STRATEGIES	PREPARATION	PREPARATION	PREPARATION	14, FORD / STORRS WATERUN

STORRS

Held in ROWE 217. For More Details Visit ACHIEVE.UCONN.EDU

SPRING 2025 ACADEMIC ACHIEVEMENT CENTER WORKSHOP SCHEDULE

TUESDAY	THURSDAY	MONDAY	WEDNESDAY	TUESDAY	THURSDAY	MONDAY	WEDNESDAY
1/28 AT 3PM	1/30 AT 4PM	2/3 AT 3PM	2/5 AT 4PM	2/11 AT 4PM	2/13 AT 3PM	2/17 AT 4PM	2/19 AT 3PM
SETTING UP	SETTING UP	PRIORITZATION	SETTING UP	ATTENTION	PRIORITZATION	TALKING TO	ATTENTION
YOUR SEMESTER	YOUR SEMESTER	TECHNIQUES	YOUR SEMESTER	MANAGEMENT	TECHNIQUES	PROFESSORS	MANAGEMENT
TUESDAY	THURSDAY	MONDAY	wednesday	TUESDAY	THURSDAY	MONDAY	wednesday
2/25 AT 3PM	2/27 AT 4PM	3/3 AT 3PM	3/5 AT 4PM	3/11 AT 4PM	3/13 AT 3PM	3/24 AT 4PM	3/26 AT 3PM
Strategies for	TALKING TO	TEST TAKING	PRIORITZATION	JUST BREATHE:	EVALUATING	BOUNCING BACK:	TEST TAKING
Deeper learning	PROFESSORS	STRATEGIES	TECHNIQUES	STRESS MANAGEMENT	YOUR SEMESTER	Academic resilience	STRATEGIES
TUESDAY	THURSDAY	MONDAY	WEDNESDAY	TUESDAY	THURSDAY	MONDAY	WEDNESDAY
4/1 AT 3PM	4/3 AT 4PM	4/7 AT 3PM	4/9 AT 4PM	4/15 AT 4PM	4/17 AT 3PM	4/21 AT 4PM	4/23 AT 3PM
EVALUATING	NOTETAKING	Strategies for	ATTENTION	PRIORITZATION	TALKING TO	JUST BREATHE:	TEST TAKING
YOUR SEMESTER	FOR SUCCESS	Deeper learning	MANAGEMENT	TECHNIQUES	PROFESSORS	STRESS MANAGEMENT	STRATEGIES
TUESDAY 4/29 AT 3PM FINALS PREPARATION	THURSDAY 5/1 AT 4PM FINALS PREPARATION	ALL WO VISIT (ORKSHO Dur Web		IN HTB R More	202. INFO	CACHIEVENIER CENTER

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PREPARATION

PREPARATION



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ACADEMIC ACHIEVEMENT CENTER WORKSHOP SCHEDULE

TUESDAY	THURSDAY	TUESDAY	THURSDAY	TUESDAY	THURSDAY	TUESDAY	THURSDAY
JAN. 28	JAN. 30	FEB. 4	FEB. 6	FEB. 11	FEB. 13	FEB. 18	FEB. 20
SETTING UP	SETTING UP	Prioritzation	SETTING UP	ATTENTION	Notetaking	PRIORITZATION	TALKING TO
YOUR SEMESTER	YOUR SEMESTER	TECHNIQUES	YOUR SEMESTER	MANAGEMENT	For success	TECHNIQUES	PROFESSORS
TUESDAY	THURSDAY	TUESDAY	THURSDAY	TUESDAY	THUR SDAY	TUESDAY	THURSDAY
FEB. 25	FEB. 27	March 4	MARCH 6	MARCH 11	MARCH 13	MARCH 25	MARCH 27
Prioritzation	TALKING TO	Test taking	BOUNCING BACK:	JUST BREATHE:	EVALUATING	Strategies for	BOUNCING BACK:
TECHNIQUES	PROFESSORS	Strategies	Academic resilience	STRESS MANAGEMENT	YOUR SEMESTER	Deeper learning	Academic resilience
TUESDAY	APRIL 3	TUESDAY	THURSDAY	TUESDAY	THURSDAY	TUESDAY	THURSDAY
APRIL 1		APRIL 8	APRIL 10	APRIL 15	APRIL 17	APRIL 22	APRIL 24
EVALUATING		Strategies for	ATTENTION	PRIORITZATION	TALKING TO	JUST BREATHE:	TEST TAKING
YOUR SEMESTER		Deeper learning	MANAGEMENT	TECHNIQUES	PROFESSORS	STRESS MANAGEMENT	STRATEGIES

APRIL 29 FINALS PREPARATION PREPARATION ALL WORKSHOPS HELD IN WTBY 128 AT 12:30PM. VISIT OUR WEBSITE FOR MORE INFO

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