

# WORKSHOP SCHEDULE

ALL WORKSHOPS HELD IN ROWE 217 UNLESS NOTED

## STORRS SPRING 2024

<b>TUESDAY</b> 1.23 AT 4PM <b>SETTING UP YOUR SEMESTER</b>	<b>WEDNESDAY</b> 1.24 AT 6PM <b>PRIORITIZATION TECHNIQUES</b>	<b>THURSDAY</b> 1.25 AT 4PM <b>SETTING UP YOUR SEMESTER</b>	<b>MONDAY</b> 1.29 AT 6PM <b>SETTING UP YOUR SEMESTER</b>	<b>TUESDAY</b> 1.30 AT 4PM <b>WHERE DO I GO FOR THAT?</b>	<b>THURSDAY</b> 2.1 AT 6PM <b>PRIORITIZATION TECHNIQUES</b>	<b>MONDAY</b> 2.5 AT 4PM <b>SETTING UP YOUR SEMESTER</b>	<b>WEDNESDAY</b> 2.7 AT 6PM <b>ATTENTION MANAGEMENT</b>
<b>THURSDAY</b> 2.8 AT 4PM <b>PRIORITIZATION TECHNIQUES</b>	<b>MONDAY</b> 2.12 AT 6PM <b>TALKING TO PROFESSORS</b>	<b>TUESDAY</b> 2.13 AT 4PM <b>PRIORITIZATION TECHNIQUES</b>	<b>THURSDAY</b> 2.15 AT 6PM <b>SETTING UP YOUR SEMESTER</b>	<b>MONDAY</b> 2.19 AT 4PM <b>STRATEGIES FOR DEEPER LEARNING</b>	<b>TUESDAY</b> 2.20 AT 6PM <b>TEST TAKING STRATEGIES</b>	<b>WEDNESDAY</b> 2.21 AT 4PM <b>STRATEGIES FOR DEEPER LEARNING</b>	<b>TUESDAY</b> 2.27 AT 4PM <b>ATTENTION MANAGEMENT</b>
<b>WEDNESDAY</b> 2.28 AT 6PM <b>PRIORITIZATION TECHNIQUES</b>	<b>THURSDAY</b> 2.29 AT 4PM <b>JUST BREATHE: STRESS MANAGEMENT</b>	<b>MONDAY</b> 3.4 AT 6PM <b>BOUNCING BACK: ACADEMIC RESILIENCE</b>	<b>WEDNESDAY</b> 3.6 AT 4PM <b>TALKING TO PROFESSORS</b>	<b>THURSDAY</b> 3.7 AT 6PM <b>JUST BREATHE: STRESS MANAGEMENT</b>	<b>MONDAY</b> 3.18 AT 4PM <b>TEST TAKING STRATEGIES</b>	<b>TUESDAY</b> 3.19 AT 6PM <b>BOUNCING BACK: ACADEMIC RESILIENCE</b>	<b>THURSDAY</b> 3.21 AT 4PM <b>STRATEGIES FOR DEEPER LEARNING</b>
<b>MONDAY</b> 3.25 AT 6PM <b>ATTENTION MANAGEMENT</b>	<b>TUESDAY</b> 3.26 AT 4PM <b>PRIORITIZATION TECHNIQUES</b>	<b>WEDNESDAY</b> 3.27 AT 6PM <b>EVALUATING YOUR SEMESTER</b>	<b>TUESDAY</b> 4.2 AT 4PM <b>JUST BREATHE: STRESS MANAGEMENT</b>	<b>WEDNESDAY</b> 4.3 AT 6PM <b>ATTENTION MANAGEMENT</b>	<b>THURSDAY</b> 4.4 AT 4PM <b>STRATEGIES FOR DEEPER LEARNING</b>	<b>MONDAY</b> 4.8 AT 6PM <b>TALKING TO PROFESSORS</b>	<b>WEDNESDAY</b> 4.10 AT 4PM <b>TEST TAKING STRATEGIES</b>
<b>THURSDAY</b> 4.11 AT 6PM <b>PRIORITIZATION TECHNIQUES</b>	<b>MONDAY</b> 4.15 AT 4PM <b>BOUNCING BACK: ACADEMIC RESILIENCE</b>	<b>TUESDAY</b> 4.16 AT 6PM <b>STRATEGIES FOR DEEPER LEARNING</b>	<b>THURSDAY</b> 4.18 AT 4PM <b>JUST BREATHE: STRESS MANAGEMENT</b>	<b>MONDAY</b> 4.22 AT 6PM <b>FINALS PREP</b>	<b>TUESDAY</b> 4.23 AT 4PM <b>FINALS PREP</b>	<b>WEDNESDAY</b> 4.24 AT 6PM <b>FINALS PREP</b>	

# ACHIEVE.UCONN.EDU

# WORKSHOP SCHEDULE

## HARTFORD SPRING 2024

ALL WORKSHOPS HELD IN HTB 202 UNLESS NOTED

<b>TUESDAY</b> 1.23 AT 3PM <b>SETTING UP YOUR SEMESTER</b>	<b>WEDNESDAY</b> 1.24 AT 3PM <b>PRIORITIZATION TECHNIQUES</b>	<b>THURSDAY</b> 1.25 AT 3PM <b>SETTING UP YOUR SEMESTER</b>	<b>MONDAY</b> 1.29 AT 3PM <b>SETTING UP YOUR SEMESTER</b>	<b>TUESDAY</b> 1.30 AT 3PM <b>WHERE DO I GO FOR THAT?</b>	<b>THURSDAY</b> 2.1 AT 3PM <b>PRIORITIZATION TECHNIQUES</b>	<b>MONDAY</b> 2.5 AT 3PM <b>SETTING UP YOUR SEMESTER</b>	<b>WEDNESDAY</b> 2.7 AT 3PM <b>ATTENTION MANAGEMENT</b>
<b>THURSDAY</b> 2.8 AT 3PM <b>PRIORITIZATION TECHNIQUES</b>	<b>MONDAY</b> 2.12 AT 3PM <b>TALKING TO PROFESSORS</b>	<b>TUESDAY</b> 2.13 AT 3PM <b>PRIORITIZATION TECHNIQUES</b>	<b>THURSDAY</b> 2.15 AT 3PM <b>SETTING UP YOUR SEMESTER</b>	<b>MONDAY</b> 2.19 AT 3PM <b>STRATEGIES FOR DEEPER LEARNING</b>	<b>TUESDAY</b> 2.20 AT 3PM <b>TEST TAKING STRATEGIES</b>	<b>WEDNESDAY</b> 2.21 AT 12PM <b>LUNCH &amp; LEARN STRATEGIES FOR DEEPER LEARNING</b>	<b>TUESDAY</b> 2.27 AT 3PM <b>ATTENTION MANAGEMENT</b>
<b>WEDNESDAY</b> 2.28 AT 3PM <b>PRIORITIZATION TECHNIQUES</b>	<b>THURSDAY</b> 2.29 AT 3PM <b>JUST BREATHE: STRESS MANAGEMENT</b>	<b>MONDAY</b> 3.4 AT 3PM <b>BOUNCING BACK: ACADEMIC RESILIENCE</b>	<b>WEDNESDAY</b> 3.6 AT 3PM <b>TALKING TO PROFESSORS</b>	<b>THURSDAY</b> 3.7 AT 3PM <b>JUST BREATHE: STRESS MANAGEMENT</b>	<b>MONDAY</b> 3.18 AT 3PM <b>TEST TAKING STRATEGIES</b>	<b>WEDNESDAY</b> 3.19 AT 12PM <b>LUNCH &amp; LEARN BOUNCING BACK: ACADEMIC RESILIENCE</b>	<b>THURSDAY</b> 3.21 AT 3PM <b>STRATEGIES FOR DEEPER LEARNING</b>
<b>MONDAY</b> 3.25 AT 3PM <b>ATTENTION MANAGEMENT</b>	<b>TUESDAY</b> 3.26 AT 3PM <b>PRIORITIZATION TECHNIQUES</b>	<b>WEDNESDAY</b> 3.27 AT 3PM <b>EVALUATING YOUR SEMESTER</b>	<b>TUESDAY</b> 4.2 AT 3PM <b>JUST BREATHE: STRESS MANAGEMENT</b>	<b>WEDNESDAY</b> 4.3 AT 3PM <b>ATTENTION MANAGEMENT</b>	<b>THURSDAY</b> 4.4 AT 3PM <b>STRATEGIES FOR DEEPER LEARNING</b>	<b>MONDAY</b> 4.8 AT 3PM <b>TALKING TO PROFESSORS</b>	<b>WEDNESDAY</b> 4.10 AT 3PM <b>TEST TAKING STRATEGIES</b>
<b>THURSDAY</b> 4.11 AT 3PM <b>PRIORITIZATION TECHNIQUES</b>	<b>MONDAY</b> 4.15 AT 3PM <b>BOUNCING BACK: ACADEMIC RESILIENCE</b>	<b>TUESDAY</b> 4.16 AT 3PM <b>STRATEGIES FOR DEEPER LEARNING</b>	<b>WEDNESDAY</b> 4.18 AT 12PM <b>LUNCH &amp; LEARN JUST BREATHE: STRESS MANAGEMENT</b>	<b>MONDAY</b> 4.22 AT 3PM <b>FINALS PREP</b>	<b>TUESDAY</b> 4.23 AT 3PM <b>FINALS PREP</b>	<b>WEDNESDAY</b> 4.24 AT 3PM <b>FINALS PREP</b>	

**ACHIEVE.UCONN.EDU**

# WORKSHOP SCHEDULE

ALL WORKSHOPS HELD IN ROOM 128 UNLESS NOTED



<b>TUESDAY</b> 1.23 AT 3PM <b>SETTING UP YOUR SEMESTER</b>	<b>THURSDAY</b> 1.25 AT 12:30PM <b>SETTING UP YOUR SEMESTER</b>	<b>TUESDAY</b> 1.31 AT 12:30PM <b>WHERE DO I GO FOR THAT?</b>	<b>THURSDAY</b> 2.1 AT 3PM <b>PRIORITIZATION TECHNIQUES</b>	<b>TUESDAY</b> 2.6 AT 3PM <b>ATTENTION MANAGEMENT</b>
<b>THURSDAY</b> 2.8 AT 12:30PM <b>PRIORITIZATION TECHNIQUES</b>	<b>TUESDAY</b> 2.13 AT 12:30PM <b>PRIORITIZATION TECHNIQUES</b>	<b>THURSDAY</b> 2.15 AT 3PM <b>SETTING UP YOUR SEMESTER</b>	<b>TUESDAY</b> 2.20 AT 3PM <b>TEST TAKING STRATEGIES</b>	<b>THURSDAY</b> 2.22 AT 12:30PM <b>STRATEGIES FOR DEEPER LEARNING</b>
<b>TUESDAY</b> 2.27 AT 3PM <b>ATTENTION MANAGEMENT</b>	<b>THURSDAY</b> 2.29 AT 12:30PM <b>JUST BREATHE: STRESS MANAGEMENT</b>	<b>TUESDAY</b> 3.5 AT 12:30PM <b>BOUNCING BACK: ACADEMIC RESILIENCE</b>	<b>THURSDAY</b> 3.7 AT 3PM <b>PRIORITIZATION TECHNIQUES</b>	<b>TUESDAY</b> 3.19 AT 3PM <b>BOUNCING BACK: ACADEMIC RESILIENCE</b>
<b>THURSDAY</b> 3.21 AT 12:30PM <b>STRATEGIES FOR DEEPER LEARNING</b>	<b>TUESDAY</b> 3.26 AT 12:30PM <b>PRIORITIZATION TECHNIQUES</b>	<b>THURSDAY</b> 3.28 AT 3PM <b>ATTENTION MANAGEMENT</b>	<b>TUESDAY</b> 4.2 AT 3PM <b>JUST BREATHE: STRESS MANAGEMENT</b>	<b>THURSDAY</b> 4.4 AT 12:30PM <b>STRATEGIES FOR DEEPER LEARNING</b>
<b>TUESDAY</b> 4.9 AT 12:30PM <b>TALKING TO PROFESSORS</b>	<b>THURSDAY</b> 4.11 AT 3PM <b>PRIORITIZATION TECHNIQUES</b>	<b>TUESDAY</b> 4.16 AT 3PM <b>STRATEGIES FOR DEEPER LEARNING</b>	<b>THURSDAY</b> 4.18 AT 12:30PM <b>JUST BREATHE: STRESS MANAGEMENT</b>	<b>TUESDAY</b> 4.23 AT 12:30PM <b>FINALS PREP</b>

**WATERBURY  
SPRING 2024**

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