Prioritization Techniques





ACTIVITY TIME

There is going to be a list of activities by point value

You have 2 minutes to earn as many points as possible



ACTIVITY TIME

ONE POINT

Click your pen 40 times
Say "I love the AAC!"

TWO POINTS

Play patty cake with someone next to you

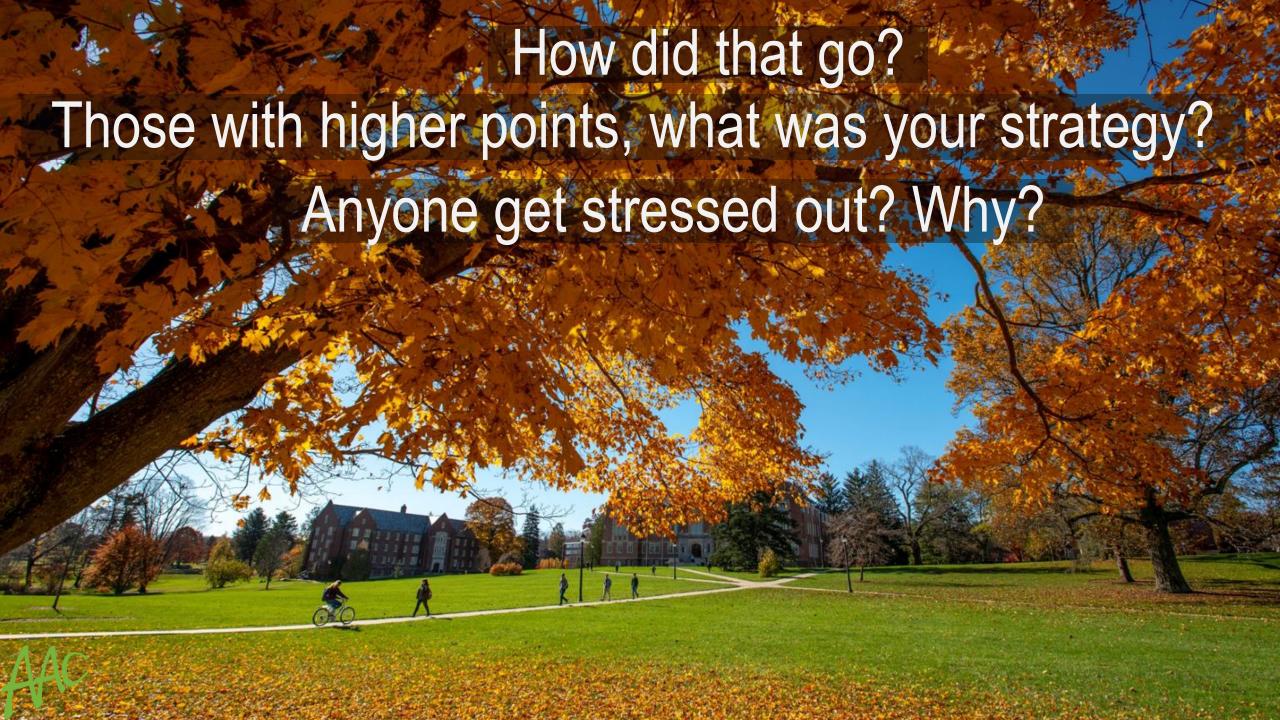
Do 5 jumping jacks

THREE POINTS

Get up and introduce yourself to me

Take a selfie with a neighbor





DISCUSSION TIME

- Why did we do this activity?
- How does this relate to your role as a student?
- How can you apply the strategy you
 utilized to your own task list?





HOW DO YOU PRIORITIZE WHEN YOU ARE STRESSED?





Semester At A Glance	Follow @UConnFYP Follow Us! @UConnFYP Like Us! Academic Achievement Center (UConn)	UCONN UNIVERSITY OF CONNECTICUT
Week 1: (Date)	Week 2: (Date)	Week 3: (Date)
Week 4: (Oate)	Week 5: (Date)	Week 6: (Date)
Week 7: (Oate)	Week 8: (Date)	Week 9: (Date)
Week 10: (Date)	Week 11: (Date)	Week 12: (bate)
Week 13: (Date)	Week 14: (Date)	Week 15: (pate)

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ACADEMIC ACHIEVEMENT CENTER

Syllabus Summary

Class Name:	Class Name:	
Professor Name:		
Professor Contact:		
Office Location:	Office Location:	
Office Hours Time:		
Grade Breakdown:	Grade Breakdown:	
% for	% for	
% for		
% for	% for	
% for	% for	
% for		
Class Names	Class Names	
Class Name:		
Professor Name:		
Professor Contact:		
Office Location:		
Office Hours Time:		
Grade Breakdown:	Grade Breakdown:	
% for	% for	
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