



UConn

UNIVERSITY OF CONNECTICUT

ACADEMIC ACHIEVEMENT CENTER

TEST TAKING STRATEGIES

AAC



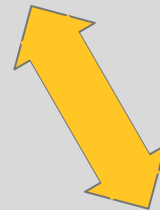
How do you
get in the
zone?

Grab a Partner!
Chat about 2 or more

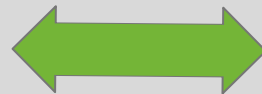
- Where do you study?
- When do you study?
- How do you study?
- How do you procrastinate?
- Is test taking anxiety and/or stress a problem?

CONSIDER...

Where



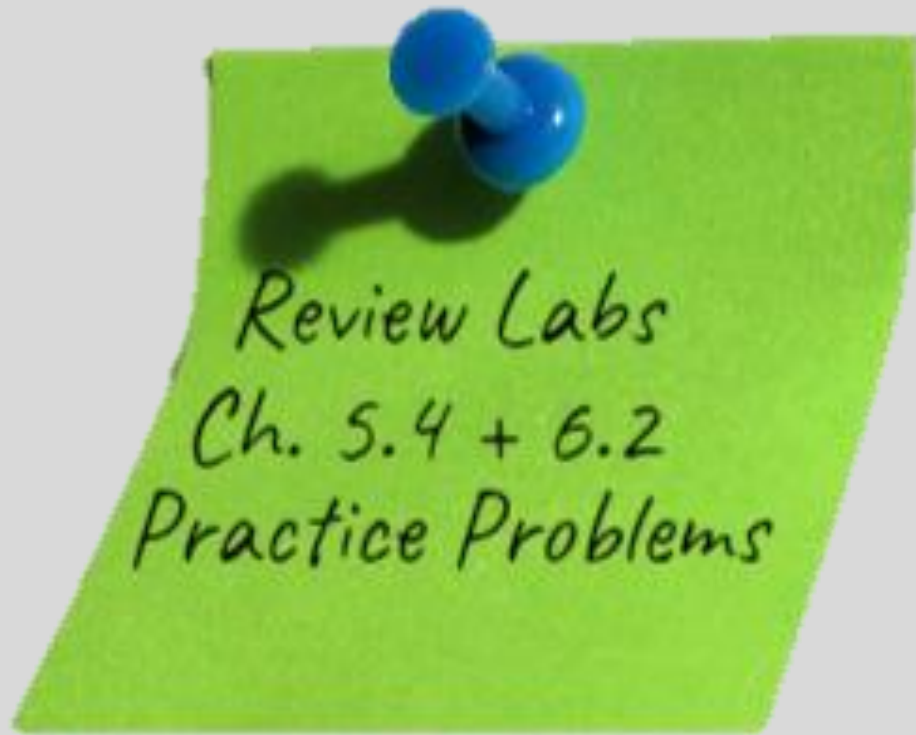
When



How

4AC

KNOW YOUR STYLE



AAC

CREATING YOUR PLAN

Timetable and Master Plan

List all class meeting times and try to reserve about an hour of daytime class study time for every hour in class. Don't forget to plan for meal times, exercise time, free time, and other commitments you have within your week.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00							

Weekly and Hourly
Planner

4AC

5 DAY STUDY PLAN

The Five-Day Study Plan

With the five-day study plan, you maximize your mastery of course material by taking advantage of the way your brain learns best: you organize your material and connect new information with information that is already stored in your long-term memory. Rather than try to assimilate new material in a marathon 10-hour study session the day before an exam, you schedule and plan five study sessions (at least 2 hours each) over a period of five days. You begin by dividing the material into four approximately equal parts or chunks of information. During each day, you prepare study materials for one chunk and then review previous material. You use active learning strategies to study the material and then self-test to ensure that you have learned it.

Break the material into four approximately equal chunks. These chunks can be chapters or groups of chapters in your text, or they may be based on notes that you have taken in class or topics listed by your instructor. You work on the material in two ways: You prepare (organize the material), and then you review (learn it).

How to Make a Five-Day Plan

Preparation strategies	Review strategies
Create flash cards Words and definitions Questions and answers Names and dates Other simple factual information	Work with flash cards By yourself: write or speak Work with a partner If you know an answer, put the card in a separate pile and spend more time with cards you don't know
Create study sheets containing definitions, formulas, dates, etc. Outlines Charts Diagrams	Rewrite study sheets without looking at the originals Explain the information to a partner or study group
Prepare your notes and text for review Organize notes by topic or chapter Take notes from the text	Work with your notes (don't just read them!) Re-write notes Reduce notes to the very most important points Highlight or mark notes Highlight or mark text
Anticipate test questions Write questions in the margins of your notes or text next to where the answers are found in the notes or text Create a test that includes the kind of questions that will be on the exam (i.e., true/false, definitions, multiple choice) (don't use the questions in your text)	Practice your test Cover the text, and see if you can answer the questions in the margins Take your test. Pay particular attention to writing out answers to essay questions

- Chunk information
 - Strategies to approach material
- Distributed practice
- Reviewing versus preparing

YOUR INTERNAL PLAN

**ATTITUDE
IS EVERYTHING
LIFE** is 10%
WHAT HAPPENS TO YOU
& 90% **HOW**
YOU REACT TO IT

**A BAD ATTITUDE
IS LIKE A FLAT TIRE.
IF YOU
DONT CHANGE IT,
YOU'LL NEVER GO
ANYWHERE.**

InspirationBoost.com

AAC

PREDICTING TEST QUESTIONS

- Pay attention to questions that come up in class
- Replace variables in old problems and solve them
 - Turn key works from notes and readings into questions
- Be on the lookout for “this will be on the test”
- Practice teaching a friend or out loud note free

JAC